SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Commi Lent 2022			ASH WEDNESDAY  3/2  Make Your Mark!  LENT BEGINS!	3/3 Read the Bible 5 Minutes	HEALTHY FRIDAYS! 3/4 Eat Something GREEN Today	3/5 Introduce Yourself To Someone New
3/6: COMMIT  Commit to Something for Lent	3/7 Make Today a Good Day	3/8 Pray for Five Minutes Today	3/9 Engage in Devotion, Study, or Inspiration!	3/10 Invite Someone To Church	3/11 No Meat Today	3/12 Share Yourself with Someone Else
3/13: OPPORTUNITY  Be Proactive In Faith	3/14 Smile, No Matter What!	3/15 Write a Handwritten Letter and Send it!	3/16 Pray for Five Minutes Today, Two Times!	3/17 Be Extravagantly GREEN	3/18 No Caffeine Today	3/19 Check in with an old friend or neighbor
3/20: MOTIVATE  Motivate self and others to Faith!	3/21 Complete a task (procrastinated)	3/22 Pray for someone new	3/23 Read 15 minutes from the Gospels	3/24 Reconcile with someone	3/25 Drink only Water today	3/26 15 minutes of exercise today
3/27: MERCY  Mercy for all of God's people	3/28 Give Money to someone in need	3/29 Read a Psalm and Pray 5 Minutes	3/30 Provide Food for someone in need	3/31 Encourage someone today!	4/1 Healthy Meals, No Snacks!	4/2 Listen 15 minutes to church music
4/3: INVEST Invest in God, others, and self	4/4 15 minutes: prayer and contemplation	4/5 Listen to Others	4/6 "Create a Date" with friend or family for later	4/7 Be generous to God, church, and others	4/8 Complete Fast	4/9 Go to bed early tonight!
PALM SUNDAY 4/10: TEACH Attend Worship	4/11 Pray for Church Staff	4/12 Read Luke, Chapters 19-24	4/13 Thirty minutes of silence; no TV, Music, or Media	MAUNDY THURSDAY  4/14  Pray for the one who hurt you	GOOD FRIDAY  4/15  Complete Fast	4/16 Spend Time Outside
EASTER SUNDAY  4/17  Celebrate the Risen Lord!	<ul> <li>✓ Commit to a Holy Lent</li> <li>✓ Read the Daily Devotions &amp; Participate in Challenges</li> <li>✓ Bring \$1 to Worship</li> </ul>					