

Pastoral Care Assistant



Miriam Horwitz, better known as MiMi, received both her B.S. and M.S. from Boston College. Her major was Nursing and minor Counseling. Positions held while in Boston included: V.P. for Patient Care Services/Director of Nursing at a tertiary hospital affiliated with Tufts University School of Medicine and Tufts New England Medical Center; adjunct professor at Massachusetts College of Pharmacy and Allied Professions, and Tufts University School of Medicine. She was on speakers' roster for several schools of nursing and outplacement counselor for members of the Massachusetts Nurses Association. Since residing in Bradenton, MiMi has held several positions including Director of Maternal-Children Services at Blake Medical Center; Hospice staff nurse; Nursing Supervisor at Freedom Village Nursing Center, and staff nurse positions specializing in Alzheimer's and other dementias.

The mission of the Longboat Island Chapel is to be a congregation which is deeply ecumenical and committed to helping persons develop a vital faith in God.



Longboat Key Chapel

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Shifting Sands



Thursdays
from 3 to 4:30 p.m.

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Shifting Sands

Life, like sand, never remains static. Winds of happiness and sadness continually blow, altering both appearance and reality. Sadness erupts in many ways from life's struggles, such as losing loved ones, a marriage, close friendships, or a job. Everyone responds to loss in their unique way, and most of us would concur that making it through a "sandstorm" of emotional pain can be very difficult.

The Shifting Sands Support Group can help us cope more effectively with losses in our lives. This is not the kind of group setting that says, "Come in and get help." Rather, it is a time when you come — with your life experiences and coping mechanisms —



with your story to share with others — and build upon one another's

developing strengths.

The primary purpose of the Shifting Sands Support Group is

getting people together to share their common feelings and to see that they are not alone or isolated. As members, you bring new dimensions of support — your whole life perspective to the group.

The Shifting Sands Support Group is a process. See your unique and needed contribution as the process develops. Additional benefits will be getting to know each other, becoming more real, and being able to identify those "holes in the sand" — those lesser but still painful losses that can be "filled" by sharing special times together like birthdays and holidays when family isn't physically present to "be there" for you.

Help shape Shifting Sands by attending and refining the process. Our sand castles are waiting to be built.



On Shifting Sands?

- Loss of a loved one?
- Recently separated or divorced?
- Newly relocated?
- In need of friendship?
- Feeling depressed?
- Challenges at home or with family?